

															
	Allergens	Serving Size (g)	Calories per Serving	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	

Nutrition Facts 2022*

Pure Gold Entrees

24 Karat Quesadilla - Chicken	WM*G	541	1320	780	86	43	2.5	335	2600	1061	72	8	7	70
24 Karat Quesadilla - Cholula Chicken	WM*G	535	1300	780	86	43	2	335	2280	984	65	9	5	70
24 Karat Quesadilla - Steak	WM*G	541	1350	790	87	44	2.5	290	2590	1018	74	8	7	73
24 Karat Quesadilla - Veggies	WM*G	498	1190	730	81	41	2.5	210	2380	718	74	9	8	48
Hot Bling Honey Chicken Loaded Queso	M	500	1130	500	55	20	1	170	1870	926	118	24	13	43
Priceless Pork Verde Loaded Queso	M	524	1050	430	48	17	1	95	2300	595	115	26	8	38
So Rich Loaded Queso - Chicken	M	524	1150	510	56	20	1	190	1880	1015	116	25	6	7
So Rich Loaded Queso - Steak	M	524	1180	520	57	21	1	150	1860	972	119	25	7	50
So Rich Loaded Queso - Veggie	M	425	980	510	48	17	1	65	1540	578	115	25	6	24
Gold Rush Tacos - Chicken, Single	WEM*G	147	350	160	18	6	0	70	840	273	30	2	2	15
Gold Rush Tacos - Chicken, 3 pack	WEM*G	442	1050	510	56	20	1	215	2550	795	86	6	6	48
Gold Strike Tacos - Steak, Single	WEM*G	147	320	140	16	7	0	55	760	266	29	2	2	17
Gold Strike Tacos - Steak, 3 pack	WEM*G	442	970	440	48	21	1	165	2310	774	86	7	6	49
Hot Bling Honey Chicken Tacos - Single	WM*G	147	310	130	14	7	0	65	760	260	31	2	5	14
Hot Bling Honey Chicken Tacos - 3 pack	WM*G	442	930	410	45	23	1	195	2300	759	93	7	13	43

Bottled Beverages (fl.oz)

Fl. oz.

Dasani Water (16.9 fl. oz.)	16.9	0	0	0	0	0	0	0	0	0	0	0	0	0
Jamitos Lime (12.5 fl.oz)	12.5	170	0	0	0	0	0	0	40	0	44	0	44	0
Jamitos Mandarin (12.5 fl.oz)	12.5	140	0	0	0	0	0	0	0	0	36	0	36	0
Jamitos Pineapple (12.5 fl. oz)	12.5	140	0	0	0	0	0	0	45	0	35	0	35	0
Jamitos Strawberry (12.5fl. oz)	12.5	170	0	0	0	0	0	0	0	0	43	0	43	0
Tazo Organic Giant Peach Tea (13.8 fl. oz.)	13.8	130	0	0	0	0	0	0	10	0	31	0	28	0
Tazo Organic Iced Green Tea (13.8 fl. oz.)	13.8	100	0	0	0	0	0	0	0	0	25	0	25	0
Tazo Organic Iced Black Tea (13.8 fl. oz.)	13.8	100	0	0	0	0	0	0	10	0	15	0	15	0

Dessert

Double Chocolate Brownie	WSETP*G	88	360	144	16	2.5	0	15	210	0	52	0	35	4
Cookie, Chocolate Chunk	WSMETP*G	57	280	126	14	7	0	15	190	80	36	0	21	3

(V)= Vegan Product

Allergen Key

- S = Soy
- E = Egg
- F = Fish
- M = Milk
- P = Peanuts
- C = Crustacean Shellfish
- T = Tree Nuts
- W = Wheat
- G = Gluten

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Like most restaurants, our restaurants prepare and serve products that contain Egg, Milk, Soy, and Wheat. While a particular ingredient statement may not list one of these allergens, our products may be prepared with equipment that is shared with products containing one or more of these allergens. If you have a food allergy, please consult with your physician before deciding which Qdoba products are right for you. We also recommend reviewing our ingredient and allergen information frequently at www.qdoba.com as our menu items and ingredients may change.

Letters in Red: May contain the allergen. There are products containing wheat, soy, milk, egg and gluten in our restaurants where cross contact may occur during food preparation and storage. If you have a food allergy to any of the ingredients prepared or served in our restaurants, please keep this in mind when deciding which Qdoba products are right for you.

* Nutrition information is based on representative values provided by suppliers and testing conducted by accredited laboratories. The nutritional content of Qdoba products may vary because our products are made to order by hand and individual serving sizes can vary based on the server and customer requests when ordering. This, along with changes in growing seasons and multiple suppliers, may contribute to variations in the nutrition values for each product. Serving size based on standard entree portion size.

** Calorie ranges for Entrées are based on base ingredients. Actual calories may vary depending on your ingredient preferences and portion size.



Dietary Menu

From vegan to gluten-free to low-carb, Pure Gold by Qdoba ingredients and entrees align with many dietary preferences without sacrificing flavor

X Contains Allergen Δ May contain the Allergen.	DIETARY PREFERENCE				
	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb
Black Beans	X	X	X		
Chile Corn Salsa	X	X	X		
Chile Crema			X		
Cholula® Hot & Sweet Chicken			X		
Cookie, Chocolate Chunk*		X			
Cotija Cheese		X	X	X	X
Double Chocolate Brownie		X			
Fajita Veggies	X	X	X		
Flour Tortilla (5.5", 10", 12.5")	X	X			
Grilled Adobo Chicken			X	X	X
Grilled Steak			X	X	X
Habanero Salsa	X	X	X		X
Hand Crafted Guacamole	X	X	X	X	
Jalapeno Verde			X		
Picante Ranch Dressing (US)		X	X		
Pickled Jalapenos	X	X	X		X
Pickled Red Onion	X	X	X		X
Pico de Gallo	X	X	X	X	X
Pulled Pork (US)			X		X
Queso Diablo		X	X		X
Ranch Dressing		X			
Roasted Tomato Salsa	X	X	X	X	X
Romaine Lettuce	X	X	X	X	X
Salsa Roja	X	X	X		X
Salsa Verde	X	X	X	X	X
Shredded Cheese		X	X	X	
Soft Corn Tortillas	X	X	Δ		
Sour Cream		X	X	X	
Soybean Oil	X	X	X		
3-(Three) Cheese Queso		X	X		
Tortilla Chips**	X	X	Δ		
Whole Wheat Flour Tortillas	X	X			



ATTENTION VALUED GUESTS

Foods prepared at Pure Gold by QDOBA may contain or may have come in contact with" EGGS, DAIRY, WHEAT, SOY, PEANUTS, TREE NUTS, FISH, and SHELLFISH. Please request to speak to management if you have any questions or concerns.

X Contains Allergen	CONTAINS								
	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten
Δ May contain the Allergen.									
Black Beans									
Chile Corn Salsa									
Chile Crema				X					
Cholula® Hot & Sweet Chicken									
Cookie, Chocolate Chunk*	X	X	X	X	Δ	Δ			X
Double Chocolate Brownie	X	X		X	Δ	Δ			X
Fajita Veggies									
Flour Tortilla (5.5", 10", 12.5")	X								X
Grilled Adobo Chicken									
Grilled Steak									
Hand Crafted Guacamole									
Picante Ranch Dressing (US)			X						
Pickled Jalapenos									
Pickled Red Onion									
Pico de Gallo									
Pulled Pork (US)									
Queso Diablo			X						
Roasted Tomato Salsa									
Salsa Roja									
Salsa Verde									
Shredded Cheese			X						

Soft Corn Tortillas	Δ								Δ
Sour Cream			X						
Soybean Oil									
3-(Three) Cheese Queso			X						
Tortilla Chips**	Δ								Δ
Whole Wheat Flour Tortillas	X								X

Pure Gold Entrees	CONTAINS								
	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten
24 Karat Quesadilla - Chicken	X		X						X
24 Karat Quesadilla - Cholula Chicken	X		X						X
24 Karat Quesadilla - Steak	X		X						X
24 Karat Quesadilla - Veggies	X		X						X
Hot Bling Honey Chicken Loaded Queso			X						
Priceless Pork Verde Loaded Queso			X						
So Rich Loaded Queso - Chicken			X						
So Rich Loaded Queso - Steak			X						
So Rich Loaded Queso - Veggie			X						
Gold Rush Tacos - Chicken, Single	X		X	X					X
Gold Rush Tacos - Chicken, 3 pack	X		X	X					X
Gold Strike Tacos - Steak, Single	X		X	X					X
Gold Strike Tacos - Steak, 3 pack	X		X	X					X
Hot Bling Honey Chicken Tacos - Single	X		X						X
Hot Bling Honey Chicken Tacos - 3 pack	X		X						X



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From vegan to gluten-free to low-carb, Pure Gold by Qdoba's ingredients and entrees align with many dietary preferences without sacrificing flavor

X Contains Allergen	CONTAINS										DIETARY PREFERENCE				
	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten	Vegan	Vegetarian	Gluten-Friendly	Keto-Friendly	Low Carb	
Black Beans										X	X	X			
Chile Corn Salsa										X	X	X			
Chile Crema				X								X			
Cholula® Hot & Sweet Chicken												X			
Cookie, Chocolate Chunk*	X	X	X	X	Δ	Δ			X		X				
Cotija Cheese			X								X	X	X	X	
Double Chocolate Brownie	X	X		X	Δ	Δ			X		X				
Fajita Veggies										X	X	X			
Flour Tortilla (5.5", 10", 12.5")	X								X	X	X				
Grilled Adobo Chicken												X	X	X	

